## Pleasant Valley Aquatic Center September - December 2024 Schedule At-A-Glance

|  | Saturday                                | Sunday                                    | Monday                             | Tuesday                            | Wednesday  | Thursday                                      | Friday                |
|--|---|---|------------------------------------|------------------------------------|--|---|-----------------------|
| 6:00am<br>6:30am<br>7:00am<br>7:30am   | Lap Swim<br>6-8am                       | Open for<br>Rentals                       | Lap Swim<br>6-8am                  | Structured<br>Swim<br>6-7am        | Lap Swim<br>6-8am  | Structured<br>Swim<br>6-7am                   | Lap Swim<br>6-8am     |
| 8:00am   |   |   | Transition Time                    |                                    |  |   |                       |
| 8:30am   | Swim Lessons Whole Pool 8:00am- 11:30am |   | Water Exercise 8:15-9:15am         |                                    |  |   |                       |
| 9:00am   |   |   |                                    |                                    |  |   |                       |
| 9:30am   |   | Rental 9:00-<br>3:00pm<br>(1 lane/stairs) | Therapy Swim                       |                                    | Therapy  |   | Therapy               |
| 10:00am  |   |   | 9:30 -                             | Lap Swim(5)                        | Swim 9:30 -  | Lap Swim(5)                                   | Swim 9:30 -           |
| 10:30am  |   |   | 11:00am                            | & Therapy                          | 11:00am  Transition  | & Therapy<br>- Swim(3)<br>9:30am -<br>12:30pm | 11:00am               |
| 11:00am  |   |   | Transition                         | Swim(3)<br>9:30am -                |  |   | Transition            |
| 11:30am  | Transition                              |   | Lap Swim<br>11:30am -<br>1:30pm    | 12:30pm                            | Lap Swim<br>11:30am -  |   |                       |
| 12:00pm  | Rec Swim<br>12:00 -<br>3:00pm           |   |                                    |                                    |  |   | Lap Swim<br>11:30am - |
| 12:30pm  |   |   |                                    |                                    | 1:30am -   |   | 1:30pm                |
| 1:00pm   |   |   |                                    |                                    |  |   | [-                    |
| 1:30pm   |   |   | Rental 1-4pm<br>(1 lane/stairs)    |                                    |  | ·   |                       |
| 2:00pm   |   |   |                                    |                                    |  |   |                       |
| 2:30pm   |   |   |                                    |                                    |  |   |                       |
| 3:00pm   | Open for<br>Rentals                     | Open for<br>Rentals                       |                                    |                                    |  |   |                       |
| 3:30pm   |   |   |                                    |                                    |  |   |                       |
| 4:00pm   |   |   | PVST 4:00 -<br>8:00pm<br>(8 Lanes) | PVST 4:00 -<br>6:30pm (8<br>Lanes) | (8 Lanes)  | PVST 4:00 -<br>6:30pm (8<br>Lanes)            | PVST 4:00 -<br>6:45pm |
| 4:30pm   |   |   |                                    |                                    |  |   |                       |
| 5:00pm   |   |   |                                    |                                    |  |   |                       |
| 5:30pm   |   |   |                                    | 6:30-7:30pm                        |  | 6:30-7:30pm                                   | (8 Lanes)             |
| 6:00pm   |   |   |                                    | (3-4 Lanes)                        |  | (3-4 Lanes)                                   |                       |
| 6:30pm   |   |   |                                    | (1 1 11)                           |  |   |                       |
| 7:00pm   |   |   |                                    | Lap Swim<br>6:30-8:30pm            |  | Lap Swim                                      |                       |
| 7:30pm   |   |   |                                    |                                    |  | 6:30-8:30pm                                   |                       |
| 8:00pm   |   |   |                                    |                                    |  |   |                       |
| 8:30pm   |   |   |                                    |                                    |  |   |                       |
| Pool Closures:  August 26 - September 8 For Maintenance  November 28-30 for Thanksgiving  December 14 for Christmas Parade  December 24-26 for Christmas |   |   |                                    |                                    | Pleasant Valley Aquatic Center  1030 Temple Ave., Camarillo 805-987-8198   pvac@pvrpd.org pvrpd.org/aquatics |   |                       |